

MEDICAL OPTIONS

HRA & FSA FOR HEALTH CARE

PRESCRIPTION DRUGS

DENTAL

VISION

FERTILITY



FSA FOR HEALTH CARE

The Flexible Spending Account (FSA) for Health Care is an account that lets you set aside money to pay for eligible out-of-pocket medical, prescription drug, over-the-counter medication, menstrual care products, dental, vision, and hearing care expenses on a pre-tax basis. The expenses can be for you or your dependents, even if they aren't covered by a company-sponsored plan. At the time you enroll, you elect a contribution amount from \$130 to \$2,850 in



Tip to maximize...

You do not need to be enrolled in a New York Life medical option to contribute to and use the FSA for Health Care.



You can also access PayFlex through the PayFlex Mobile app anytime, anywhere.

[PayFlex infographic](#)

For medical services, such as an office visit, you should wait until your claim has been processed by Aetna and then appears on the PayFlex site (or when your EOB is available for claims through plans outside of New York Life's medical options), so you know your payment responsibility. Once you know how much you owe, you can use the PayFlex debit card to pay yourself or your provider directly. Set this up before you incur claims so that they're automatically connected in the system. Visit payflex.com to verify your claim with just a few clicks.