


[MEDICAL OPTIONS](#)
[HRA & FSA FOR HEALTH CARE](#)
[PRESCRIPTION DRUGS](#)
[DENTAL](#)
[VISION](#)
[FERTILITY](#)

Incentives

If you participate in the Active Health Option, earn health incentive dollars simply by completing various healthy activities and using the resources available to you. The maximum amount of health incentive dollars you can earn for activities in the three categories listed on pages 10 and 11 in the year is \$1,550, depending on your age, gender, and health condition. Your spouse/domestic partner can also earn up to \$1,500 (children are not eligible to receive incentives). Every enrolled employee and spouse/domestic partner can complete the activities listed below to earn incentives. You must complete the activity on or after the date you begin coverage under the New York Life Active Health Option in order to earn the incentive.

Activity	Action	Health incentive dollars (per person)
Health awareness and education		
Online Compass Health Assessment	Complete the online health assessment questionnaire	\$150 <i>You can complete the health assessment/earn the incentive every year</i>
Annual physical	Get a routine physical in 2021	\$150
Teladoc	Register with Teladoc	\$50 Note: You and your spouse/domestic partner can earn an incentive if you each create an account for the first time. Teladoc is automatically available if you are enrolled in a New York Life medical option through Aetna.
PayFlex	Register with PayFlex and complete your notification preferences (go to Account Settings, then Account Notifications)	\$50 Note: You can earn an incentive simply by registering with PayFlex and completing your notification preferences for the first time. Only employees are eligible for the PayFlex incentive, since there is only one PayFlex account per family. Spouses/domestic partners are not eligible.